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Strength of Materials  
(GATE Aerospace Engineering and  
GATE Mechanical Engineering)  
By  
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## Thermal Stresses and Strains

To understand thermal stresses and strains we consider a combined Mechanical + Thermal loading for a 3-D stress system.

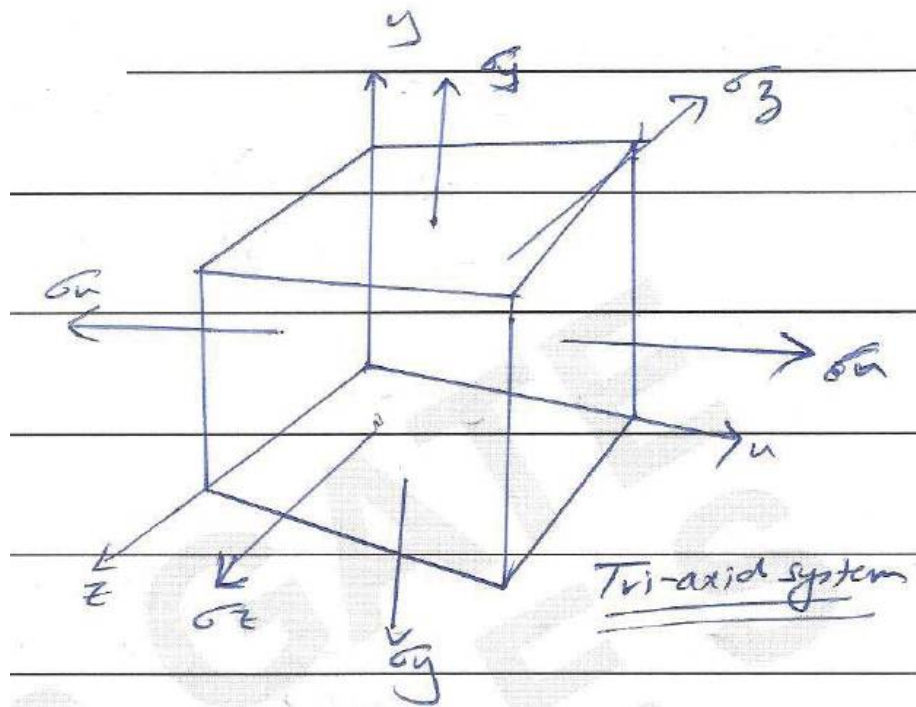
Strain due to thermal loading is independent of c/s properties and will be same in all the directions.

It depends only on thermal coefficient of expansion and thermal loading.

### Thermal strain:-

$$\epsilon_{xT} = \epsilon_{yT} = \epsilon_{zT} = \alpha \Delta T$$

**Mechanical strain:** - Mechanical strain for a triaxial stress system is given by



$$\epsilon_{xM} = \frac{\sigma_x}{E} - \frac{\nu}{E}(\sigma_y + \sigma_z)$$

$$\epsilon_{yM} = \frac{\sigma_y}{E} - \frac{\nu}{E}(\sigma_x + \sigma_z)$$

$$\epsilon_{zM} = \frac{\sigma_z}{E} - \frac{\nu}{E}(\sigma_x + \sigma_y)$$

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Total strain under combined loading will be summation of thermal strain and mechanical strain.

If component is subjected to both mechanical and thermal loading,

$$\epsilon = \epsilon_M + \epsilon_T$$

So,

$$\epsilon_x = \epsilon_{xM} + \epsilon_{xT}$$

$$\epsilon_x = \frac{\sigma_x}{E} - \frac{\nu}{E}(\sigma_y + \sigma_z) + \alpha\Delta T \quad \dots\dots\dots (1)$$

$$\epsilon_y = \frac{\sigma_y}{E} - \frac{\nu}{E}(\sigma_x + \sigma_z) + \alpha\Delta T \quad \dots\dots\dots (2)$$

$$\epsilon_z = \frac{\sigma_z}{E} - \frac{\nu}{E}(\sigma_x + \sigma_y) + \alpha\Delta T \quad \dots\dots\dots (3)$$

**Case (1)** only thermal loading and there is no constrain (free expansion in all directions)

$$\begin{aligned} \epsilon_x = \epsilon_y = \epsilon_z = \epsilon_T &= \alpha\Delta T \\ \sigma_x = \sigma_y = \sigma_z &= 0 \end{aligned}$$

**Case (2)** only thermal loading and constraint in x direction (case of bar)

$$\begin{aligned} \sigma_x \neq 0, \sigma_y = \sigma_z &= 0 \\ \epsilon_x = 0 \epsilon_y = \epsilon_z &\neq 0 \end{aligned}$$

From equation (1), total strain in x direction is zero

$$\begin{aligned} 0 &= \frac{\sigma_x}{E} - \frac{\nu}{E}(0 + 0) + \alpha\Delta T \\ \sigma_{xT} &= -E\alpha\Delta T \end{aligned}$$

From equation (2) and (3),

$$\begin{aligned} \epsilon_y = \epsilon_z &= -\frac{\nu}{E}(\sigma_x) + \alpha\Delta T \\ &= -\frac{\nu}{E}(-E\alpha\Delta T) + \alpha\Delta T \\ \epsilon_y = \epsilon_z &= (1+\nu)\alpha\Delta T \end{aligned}$$

**Case (3)** only thermal loading and constraint in x & y directions

$$\sigma_x = \sigma_y \neq 0, \sigma_z = 0$$

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$$\epsilon_x = \epsilon_y = 0 \quad \epsilon_z \neq 0$$

From equations (1) & (2),

$$0 = \frac{\sigma_x}{E} - \frac{\nu}{E}(\sigma_y) + \alpha\Delta T$$

&

$$0 = \frac{\sigma_y}{E} - \frac{\nu}{E}(\sigma_x) + \alpha\Delta T$$

$$\sigma_{xT} = \sigma_{yT} = -\frac{E\alpha\Delta T}{1-\nu}$$

And from equation (3),

Strain in z direction

$$\epsilon_z = \left(\frac{1+\nu}{1-\nu}\right) \alpha\Delta T$$

**Case (4)** only thermal loading and constraint in x, y & z directions

$$\sigma_x = \sigma_y = \sigma_z \neq 0$$

$$\epsilon_x = \epsilon_y = \epsilon_z = 0$$

So from equations (1), (2) and (3),

$$\rightarrow \sigma_x = \sigma_y = \sigma_z = -\frac{E\alpha\Delta T}{1-2\nu}$$

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**Problems**

1.

In a general case of a homogeneous material under thermo-mechanical loading the number of distinct components of the state of stress is

- (A) 3 (B) 4 (C) 5 (D) 6

**Sol. D**

2.

A steel cube, with all faces free to deform, has Young's modulus,  $E$ , Poisson's ratio,  $\nu$ , and coefficient of thermal expansion,  $\alpha$ . The pressure (hydrostatic stress) developed within the cube, when it is subjected to a uniform increase in temperature,  $\Delta T$ , is given by

- (A) 0 (B)
- $\frac{\alpha(\Delta T)E}{1-2\nu}$
- (C)
- $-\frac{\alpha(\Delta T)E}{1-2\nu}$
- (D)
- $\frac{\alpha(\Delta T)E}{3(1-2\nu)}$

**Sol. A**

There is no constrain (free expansion in all directions)

$$\epsilon_x = \epsilon_y = \epsilon_z = \epsilon_T = \alpha\Delta T$$
$$\sigma_x = \sigma_y = \sigma_z = 0$$

3.

A solid steel cube constrained on all six faces is heated so that the temperature rises uniformly by  $\Delta T$ . If the thermal coefficient of the material is  $\alpha$ , Young's modulus is  $E$  and the Poisson's ratio is  $\nu$ , the thermal stress developed in the cube due to heating is

- (A)
- $-\frac{\alpha(\Delta T)E}{(1-2\nu)}$
- (B)
- $-\frac{2\alpha(\Delta T)E}{(1-2\nu)}$
- (C)
- $-\frac{3\alpha(\Delta T)E}{(1-2\nu)}$
- (D)
- $-\frac{\alpha(\Delta T)E}{3(1-2\nu)}$

**Sol. A**

Here is only thermal loading and constraint in x, y &amp; z directions

$$\sigma_x = \sigma_y = \sigma_z \neq 0$$
$$\epsilon_x = \epsilon_y = \epsilon_z = 0$$

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$$\epsilon_x = \frac{\sigma_x}{E} - \frac{\nu}{E}(\sigma_y + \sigma_z) + \alpha\Delta T \quad \dots\dots\dots (1)$$

$$\epsilon_y = \frac{\sigma_y}{E} - \frac{\nu}{E}(\sigma_x + \sigma_z) + \alpha\Delta T \quad \dots\dots\dots (2)$$

$$\epsilon_z = \frac{\sigma_z}{E} - \frac{\nu}{E}(\sigma_x + \sigma_y) + \alpha\Delta T \quad \dots\dots\dots (3)$$

So from equations (1), (2) and (3),

$$\rightarrow \sigma_x = \sigma_y = \sigma_z = - \frac{E\alpha\Delta T}{1-2\nu}$$

4.

A steel bar of rectangular cross-section is heated uniformly and the rise in the temperature is  $\Delta T$ . The Young's modulus is  $E$ , the Poisson's ratio is  $\nu$  and the coefficient of thermal expansion is  $\alpha$ . The bar is completely restrained in the axial direction and lateral directions.

(a) The thermal stress developed in the bar along the axial direction is

(A)  $-\frac{E\alpha\Delta T}{1+2\nu}$

(B)  $-E\alpha\Delta T$

(C)  $-\frac{E\alpha\Delta T}{1-2\nu}$

(D)  $-\frac{E\alpha\Delta T\nu}{1-2\nu}$

(b) Assume that the bar is allowed to deform freely in the lateral directions, while keeping the axial direction restrained. The percentage change in the magnitude of axial thermal stress for  $\nu = 0.25$  is

(A) 0

(B) 25

(C) 50

(D) 100

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**Sol.**

**(a)**

When bar is restrained in the axial and lateral directions then thermal stress developed in the bar along the axial direction is

$$\begin{aligned} \sigma_{xT1} &= \frac{-E\alpha\Delta T}{1-2\nu} = \\ &= \frac{-E\alpha\Delta T}{1-2*0.25} \end{aligned}$$

$$-2 E\alpha\Delta T$$

**(b)**

When bar is restrains is only in x-direction then stress is

$$\sigma_{xT2} = -E\alpha\Delta T$$

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So % change in axial thermal stress =  $\left(\frac{\sigma_{xT2} - \sigma_{xT1}}{\sigma_{xT1}}\right) \times 100\%$

$$= \left(\frac{-E\alpha\Delta T - (-2E\alpha\Delta T)}{-2E\alpha\Delta T}\right) \times 100\%$$

$$= 50\%$$